

22nd Annual 5K Classic Run/Walk & Barbeque

RAIN OR SHINE

July 18, 2024 - 6:30 p.m. sharp

&

Kids Fun Run (7:30 p.m.; George Majestic Memorial Park)

To benefit: The Gardiner Fire Department and the Rail Trail

5K Awards: Male/Female Overall, 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

Nature of Course: Scenic with rolling hills

Pre-registration: \$30 (per person) postmarked by July 6th for both on-line and mail in registration (includes tee-shirt) Registrations received after July 6th will not include a tee-shirt. On-line registration extended to July 16th without shirt. No refunds.

\$5 (kids fun run w/out a shirt); \$10 (kids fun run with a shirt)

ON-LINE REGISTRATION: <https://runsignup.com/Race/NY/Gardiner/GFD5KClassicRunWalk>

MAIL IN REGISTRATION: Make checks payable to: Gardiner Fire Department .

Mail applications to: Gardiner 5K Classic, c/o Gardiner Fire Department. P. O. Box 271, Gardiner, NY 12525

On-line Information & Downloadable Registration: www.townofgardiner.org or www.gardinerfireandrescue.org

Race Day Registration/Race Packet pick-up: \$35.00 entry fee - 4:30 - 6:00 p.m.

Pick-up at Majestic Park (NO tee shirts will be available on race day) Chip Timing

BBQ is free for all race competitors

No dogs of any kind allowed!

NO STROLLERS

Contact: Donna Lyons @ 255-5887 or Barbara Clinton @ 255-0662

Directions: From the intersection of Rt. 208 & 44/55, proceed west on Rt. 44/55 1-1/2 miles into hamlet. Turn left on Murphy's Lane; proceed straight into Majestic Memorial Park. Additional parking at the Gardiner Reform Church on Rt. 44/55 near the Park entrance.

ENTRY FORM - 22nd ANNUAL GARDINER 5K CLASSIC

(One name per form)

Last Name _____ First Name _____

Age _____ Male _____ Female _____

Address _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____

5K _____ Kids Fun Run _____

Tee Shirt Cotton _____ Cool-dry _____

Tee Shirt Size: Youth Small _____ Medium _____

Adult Small _____ Medium _____ Large _____ X-Large _____

Please do not enter this competition, or participate in this event in any other way, if you do not fully accept the following conditions: I, the undersigned, know that running is an action sport carrying significant risk of personal injury. Racing and competing in this sport is even more dangerous. I know there are manmade and natural obstacles and hazards, surface and environmental conditions and risks, which in combination with my actions can cause me very severe or occasionally, fatal, injury. I agree that I, as a participant, must take an active role in understanding and accepting these risks, conditions and hazards. I also agree that I (and not the Town of Gardiner or the Wallkill Valley Rail Trail) am responsible for my safety while I train for or participate in this event.

Signature _____

Date _____

If child is under 18 years of age, parent signature required _____

Donations gladly accepted _____